

Crystal Quick Reference

Quartz - Himalyan Golden

Himalayan Golden Quartz

Special form of golden quartz from the Himalayan mountains.

Helps with will power. Also helps you to embrace your personal power.

Himalayan Golden Quartz brings the energy of the divine down through the soul star chakra to activate and stimulate the third eye chakra as well as stimulate the solar plexus. This energy also fills the entire body.

It will also stimulate and activate the Bhindu and Nita chakras.

This crystal helps to clear the mind and stimulate creativity. Excellent for stimulating the imagination.

It helps to reveal, recognize and speak the truth in all situations.

Chakras: Solar Plexus, Third Eye, Crown, Soul Star, Bhindu, Nita