

# Crystal Quick Reference

## Quartz - Lemurian

Lemurian Quartz

Alternate Names: Lemurian Seed Crystals, Lemurian Star Seeds

Location: Brazil - first found in 1999. Also found in China, India, Namibia, Madagascar, Pakistan, Nepal, Russia, Tibet and the United States.

Lemurian quartz is a "Master Crystal". Master Crystals tap into your spiritual energies and help to unlock the secrets of your soul.

Lemurian quartz (or seed crystals) come from Lemuria, a sister city to Atlantis in another time. Lemuria was an extremely advanced, highly spiritual and highly magickal realm. It is a pan dimensional city existing in many dimensions at one time. I believe that Lemuria may be a fixed point within the multiverse/dimensions and that as universes and dimensions and planets pass through the city of Lemuria it manifests in the local physical plane. It manifested for some time on Earth long ago. When our planet/universe moved outside of the Lemurian pan dimensional city it caused the physical location on Earth to sink.

Before Lemuria completely shifted out of our physical realm, some inhabitants left these special crystals as storehouses of information ... to teach messages of oneness, messages of healing, etc. that would be found as people were ready to find them or as the human race was ready to find them.

Supposedly, the Lemurian Seed Crystals were placed around the planet in a grid pattern.

Lemurian crystals have one or more sides with lines or grooves in them like a bar code. They are usually in the laser wand shape. Frequently, there will be alternating sides of smooth and bars. Often, one end is wider than the other.

Finding or being drawn to a Lemurian see may indicate that you need an

# Crystal Quick Reference

## Quartz - Lemurian

overall energy cleanse. It may indicate that you are at a point in your spiritual progression where you are ready to take the next step. To use this crystal for cleansing, sit quietly with the crystal and feel its energy activating - feel the energy of the crystal filling your body and detoxifying it of sluggish or lower vibrational energy, opening and cleansing all of your chakras as well as balancing them on all levels. Breathe in the healing energies of the universe and as you exhale feel even more energy flowing into you.

Lemurian Seed Crystals are excellent for working with old emotional wounds - helping to balance the pain with release and healing. It helps to release the past and instill feelings of hope and wisdom for the future.

Excellent crystal for powering affirmations, helping to heal emotional wounds and hurts.

Wonderful for communicating with higher beings, higher realms, angelic beings, working with your higher self, working and connecting to spirit guides. Helps to facilitate spiritual awakenings.

Amazing crystal for Shamanic Healers.

Helps us to recognize the unity that exists between all beings.

Chakras: All