

# Crystal Quick Reference

## Quartz - Mystic

Mystic Quartz is a man-made crystal. Natural clear quartz is shaped and then a layer of titanium is applied. Since both are natural substances the metaphysical properties are enhanced. This crystal has both the properties of quartz and titanium. This crystal also has several other names including Titanium Aura Quartz, Flame Aura and Dark Rainbow Aura quartz.

It is excellent for working with all the chakras. It helps to restore balance. Due to the different colors present as well as the titanium, mystic quartz is excellent for repairing holes, tears and breaks in chakra membranes. This crystal can access the Etheric template and help remind cells in the physical plane of the state that they should exist in. It is very useful in astral journeys. Wonderful for removing energy blockages on the physical body as well as all other energetic bodies. When you meditate with this crystal on the third eye it can help to open and awaken the third eye and all associated abilities. Clairvoyance, clairaudience, clairsentience and others abilities can be enhanced with this crystal.

Wonderful for healing.

Chakras: All, Root and Third Eye

Astrological: All