

# Crystal Quick Reference

## Quartz - Orange Elestial

An Atlantean stone of power, highly prized and sought after by Light Workers. It is believed to house Old Souls. It heals with mass cleansing, healing and awakening. Can help to bring body and spirit into synchronicity while connecting us with the Angelic realms. They act as Library Crystals allowing access to information that has been acquired during the crystal's formation (including metaphysical). They can help accelerate our spiritual growth by accessing both our subconscious and super-conscious allowing us to see where we need to improve or focus. They are very good at integrating energies of multiple crystals into a unified field. They help us to recall information of ancient civilizations that functioned as caretakers of the Earth and integrate these teachings into our being.

These crystals combine White for Angelic level consciousness and Orange for the Mastery realm. They help to raise our vibrational rates and link us to the Astral and Angelic realms.

They can help to relieve sorrow and depression, lighten the heart, bring broader understanding to past events, and to see probable futures leading to a higher good.