## **Crystal Quick Reference**

## Quartz - Snowy or White

## **Snowy Quartz**

Snowy quartz is a stone that brings good fortune. It is also a calming and soothing stone. Snowy quartz is helpful for meditation, and looking within. It also has all the properties of clear quartz to a gentler degree. Snowy quartz is often used for purification. Physically, it is beneficial for the immune system.

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