

# Crystal Quick Reference

## Quartz - Solar

Solar quartz is a natural, agatized quartz. It can be clear, white or gray with mossy looking inclusions.

Solar quartz helps to bring emotional stability and strength in times of need, stress, worry, etc. Its' energy is very uplifting.

It helps to strengthen your conenction to the divine, communicate with higher beings, develop psychic abilities.

It has all the properties of clear quartz.

Chakra: Crown chakra, all chakras