

Crystal Quick Reference

Que-Sera

Que Sera is a type of Rhyolite called Galaxy Stone. It comes from Brazil.

This crystal is a combination of Quartz, Feldspar, Calcite, Kaolinite, Iron, Magnetite, Leucozene and Clinozoisite.

Que-sera is nearly an everything spiritual crystal doing it all.

It soothes emotions and imbalance. It energizes. It balances energy on all levels. It draws in life force energy from the higher planes to revitalize someone.

It is a very powerful crystal for helping to figure out the true desires of a person and it helps to focus them on the quest to figure out this information. It helps the individual to become a partner with their higher spiritual goals and become a co-creator of the future. It helps to encourage risk taking, seizing opportunities, and recognizing options to help change what is happening.

This crystal helps you to release limitations and restrictions that you have consciously or unconsciously place on yourself. It can help you to work through societal and familial programming. It can help to release aged constructs that you created at some point in your life to protect ideas at the time but are no longer serving you.

It also helps you to live in the moment and enjoy life instead of being weighed down by worries and problems that you may be experiencing.

This stone was first reported by the crystal author, Melody, in *Love Is In The Earth, The Crystal and Mineral Encyclopedia, The LIITE Fantastic and The Last Testament*, Earth-Love Publishing, 2007. She describes it as a conglomerate stone with coarse blue, pink, and rarely, greenish clasts (or fragments) in a fine-grained dark brown matrix. The blue clasts define the uniqueness of this formation in that they are rounded and noticeably opalescent, yet when magnified 600x they are colorless, displaying the optical

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properties of Quartz. They are not of Chalcedonic origin and not noticeably zoned, but often contain numerous liquid and vapor inclusions. These blue clasts also display undulatory extinction, a metamorphic event that affected the mineral combination without destroying the alignment of the components that generate the Rayleigh-Scattering which accounts for the blue color. The pink clasts are sub-rounded and largely Plagioclase or Sericite, while the rare green clasts are chloritized rock fragments with blue and pink constituents. The minerals mentioned in the first paragraph make up the remaining trace elements. [Melody En, 681]

This crystal is wonderful in helping to set boundaries and strengthening the ability of a person to say no to others when they are being over used, abused, taken advantage of, etc.

It helps to shield against Wi-Fi frequencies.

It enhances psychic abilities. This crystal is excellent to carry when doing Kinesiology Muscle Testing.

Since Que-Sera can tap into the Life Force energies of higher planes (refined Qi) it is excellent for clearing blockages in the physical, mental, emotional, spiritual, and all energetic bodies. It helps to cleanse and balance all of the chakras, meridian lines, nadi lines, and nadi points. It is a powerful healing crystal.

Judy Hall's Crystals to Empower You (Walking Stick Press), page 76, there is a powerful Que-Sera Immune Stimulation that infuses the immune system with high frequency Qi to aid in healing and maintaining health.

As mentioned above, this crystal helps to sooth emotions and emotional pain. It can help reduce anger and rage, sadness and depression. It can help to raise the mood of an individual (or the area it is in). As a person is able to no longer focus on distress and pain, they often become more able to work out solutions to problems they are experiencing.

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Que-Sera works on all of the primary chakras as well as the secondary chakras. It helps to balance and cleanse the Earth Star Chakra, Soul Star Chakra, the chakras on each of the seven primary energetic bodies, as well as the Stellar Gateway Chakra. The Stellar Gateway chakra is a higher-level chakra above the Soul Star chakra, acting as a portal to the cosmic and multidimensional realms, while the Soul Star chakra, located above the Crown chakra, is the direct connection to one's higher self, soul purpose, and the Akashic records. The key difference is that the Soul Star is focused on individual soul wisdom and purpose, and the Stellar Gateway is focused on broader cosmic consciousness and universal Oneness.

Chakras: All