

Crystal Quick Reference

Rhyolite

Rhyolite is made up of quartz, plagioclase, and sanidine, with minor amounts of hornblende and biotite. Trapped gases often produce vugs in the rock. These often contain crystals, opal, or glassy material.

Ignites the creativity and potential of the soul.

Facilitates change without forcing it to occur.

Helps in fulfilling quests and seeking soul knowledge.

Strengthens the body, mind and soul.

Helps with emotional release.

Extremely poignant crystal for those that struggle with self esteem, self worth issues, body appearance issues, destructive thoughts, etc. This crystal helps to bring a deeper appreciation of yourself as well as helping to transform the negative thoughts.

It is an excellent healing crystal for those that have been a victim of suffering at the hands of another whether it is physical or emotional abuse. It helps to release those negative energies and rejuvenate the body and spirit. Excellent for victims of rape, emotional abuse, PTSD, and more.

This crystal also helps to strengthen relationship. Terrific crystal for helping deal with anger issue and releasing anger.

In past life healing it helps to anchor to the present. Fortifies the body's natural resistance.

It is said that rhyolite helps to slow the aging process and keep skin healthy and beautiful.

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Astrological: Sagittarius.

Chakras: Heart, Throat.