Crystal Quick Reference Rubellite

A variation of tourmaline usually pink to red.

This crystal possesses all the properties of tourmaline in addition to others.

It is a stone of calming and balancing. It brings emotional balance and helps one to open up, relax and detach from personal pain.

Works well with lepidolite as an extremely powerful calming influence on people in distress.

It is a stone of passion and love.

It helps to balance the body's electrochemical system, strength the immune system, heal backaches, problems with the reproductive system, detoxigies the blood, helps with radiation poisoning.

Chakras: Root, Sacral, Heart