

Crystal Quick Reference

Rutile

It has been called various different names: Angelic hair, Cupid's arrows, arrows of love, etc. Otherwise, the name quartz and rutile come from the Saxon word "querkluftez", which means ore, and Latin word "rutilus" meaning red.

Rutilated Quartz is a clear form of quartz with golden hairlike growths (strands) of Titanium dioxide that crisscross through the crystal.

This crystal is considered to be the crystal of truth. As such, it can promote self-realization, since self-discovery means finding the inner truth about our own being, purpose and destiny.

Rutile quartz promotes better understanding of ourselves, as well as of others, since learning about us means learning about others too.

It protects from lies, evil forces, and encourages spiritual self growth. It also offers protection from psychic attacks, and is thought to be able to neutralize the unhealthy influences even from one's former lives.

Rutilated quartz slows down the processes that lead to aging, and straightens the immune system. It is a strong healing stone, that can help, it is believed, even to heal radiation exposure.

Rutilated quartz brings personal strength, originality helps with insomnia, cures depression, eliminates fears, phobias, anxiety, and releases self directed anger. It promotes forgiveness, opens the aura and enables the process of self healing. This stone is very useful in aura cleansing practices, since it is able to absorb many negativities. It is believed to be able to regenerate tissues on cellular level.

It can be put on the solar plexus chakra for energy accumulation, on the throat chakra for the thyroid gland, and on the thymus - heart chakra for obtaining spiritual impulses and energy.

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If you are surrounded by dark feelings and bad moods, this might be the right choice for you. It can emphasize the energy of other crystals, so you can use it in combination with other stones in special crystal patterns and grids.

The rutile quartz of golden color is able to integrate energy on all the levels of existence. It is an extraordinary healing stone, it enlightens the soul and by filtering out the negative energy can remove most of the barriers in spiritual life.

Chakras: All