

Crystal Quick Reference

Sapphire

Sapphire is a stone of wisdom. It balances and calms the mind. It helps to release unwanted thoughts, tension and stress. Helps to bring peace of mind and serenity. Help to release depression.

Strengthens veins and improves their elasticity. Good for the eyes.

Black Sapphire is protective and centering. Helps you to become more confident in your intuition.

Blue Sapphire is a seeker of truth. Associated with love and purity. Used by shamans to transmute negative energy. Opens and heals the throat chakra.

Green Sapphire improves inner and outer vision. Helps you to recall dreams. Stimulates the heart chakra. Helps to encourage loyalty, fidelity and integrity. Enhances compassion.

Pink Sapphire helps to draw into your life all that you need to evolve. Teaches you how to master emotions. Good at clearing emotional blockages.

Purple Sapphire is helpful in mediation and stimulating the kundalini force. Also helps with awakening an individual

Royal Sapphire eliminates negative energies from the chakras and stimulates the third eye to access information for growth. Teaches responsibility.

Star Sapphire opens intuition and helps communicate with other worldly beings

White Sapphire helps to open the crown chakra and is extremely pure energy. It is a very protective crystal that removes obstacles along the spiritual path.

Yellow Sapphire attracts wealth to the home and can be placed in the "cash box" to increase prosperity. Stimulates the intellect allowing the bigger

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picture to be seen.