## **Crystal Quick Reference**

## **Sedonalite Vortex Shaman Stones**

Sedonalite Vorex Shaman Stones are sandstone formations with high quantities of quartz in them that were formed in or near power vortexes in Sedona, Arizona (USA).

They are able to receive, retain and transmit much of the energy that they have been exposed to and are extremely active crystals.

It is a stone of dynamic energetic balance. It can charge and harmonize the meridian system, bringing one's astral and subtle bodies into resonant alignment with the physical. They are both grounding and stimulating and helps the user to a achieve a heighten sense of alertness and sensitivity. Helps to expand your awareness.

Excellent for Shamanic workings.

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