

Crystal Quick Reference

Seraphinite

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Wonderful crystal for physical, emotional and spiritual healing.

Crystal of spiritual enlightenment.

Excellent to accessing self healing.

Seraphinite helps to establish connections and communication with angelic beings. Opens the crown and soul star chakras.

This is a crystal of love and helps to open our heart to the love of the divine. It helps you to release your spirit from your body making astral journeys easier and protects your physical body while you are gone.

It is excellent for helping you to review your life and identify changes that need to take place to help move you along your spiritual path.

This crystal also helps aid in communication with nature spirits and will be excellent in Shamanic workings.

Chakras: Third eye, crown, soul star chakra