

# Crystal Quick Reference

## Serpentine

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Aids in meditation and spiritual exploration. Clears the chakras. Stimulates the crown chakra. Opens psychic ability. Helps you to feel more in control of your life. Detoxifies the body and the blood.

Helps with emotional cleansing, psychic powers, and attract love and money. It is also used in the rise of the kundalini, facilitating the rise by opening a path that lessens discomfort. In addition, serpentine is considered a metaphysically protective stone that is especially protective against snakebite, poison, and venom. Serpentine is an excellent stone for meditation. Physically, traditional and mystical lore says that serpentine eliminates parasite infections, diabetes, removes venom and other poisons.

Astrological: Gemini.

Chakras: Root, Sacral, Solar Plexus, Heart and Crown.