

# Crystal Quick Reference

## Sodalite

Chemical Formula  $\text{Na}_8(\text{Al}_6\text{Si}_6\text{O}_{24})\text{Cl}_2$

Sodalite is a rich royal blue tectosilicate mineral widely used as an ornamental gemstone. Although massive sodalite samples are opaque, crystals are usually transparent to translucent. (From Wikipedia)

Unites logic and intuition.

Opens spiritual perception.

Helps to bring information from the higher mind to the conscious mind.  
Stimulates the pineal gland. Helps to stimulate the 3rd eye.

Helps to instill a drive for inner truth and an urge toward idealism. Helps you to stand up for yourself.

Excellent crystal for communication.

Astrological: Sagittarius.

Chakras: Throat, Third Eye, Crown.