## **Crystal Quick Reference**

## **Sonoran Sunrise**

Alternate Names: Sonora Sunrise, Sonora Sunrose, Sonoran Sunset

This is a combination of bluish-green and black tinted Chrysocolla and copperred Cuprite (form of copper). This crystal has all of the properties of both component crystals.

It comes from the Milpillas Mine, which is northwest of Cananaea, a city in Sonora, Mexico

Excellent crystal for helping the soul get out of harmful patterns, ruts, etc.

This crystal helps to reduce feelings of being alone.

Very good crystal for working with nervous disorders.

It helps to relieve stress and anxiety from past traumatic events.

Chakras: Root, Sacral, Solar Plexus, Heart, Throat, Third Eye, Crown, Earth Star, Soul Star, Bhindu, Nita

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