

Crystal Quick Reference

Stichtite

Helps to bring peace, calming and tranquility, especially to your environment.

Helps to link the solar plexus, heart, third eye and crown chakras. As these chakras work in harmony with each other, it helps you to be more kind to yourself and others. As this kindness emerges it helps you to be more forgiving and gentle with yourself and others.

This crystal helps to expand emotional awareness.

Chakras: Solar Plexus, Heart, Third Eye, Crown