

Crystal Quick Reference

Sugilite

Sugilite is sometimes known as "the healer's stone" because of its great ability to enhance healing.

It is associated with the third eye and crown chakras. It lessens effects of shock and disappointment. It enhances crystal healing ability, strengthens spirituality, psychic ability and channelling.

Sugilite helps perfect spiritual love and open the heart chakra to unconditional love.

It can help manifest your natural gifts and protect against harsh realities.

It helps to lower hostility, anger, jealousy and prejudice and gives a sense of freedom.

Psychically, it is excellent for all kinds of psychic and spiritual protection. It has been used for headaches and to decrease all types of discomfort.

Chakras: Third Eye, Crown