

Crystal Quick Reference

Tiger Eye - Blue

Blue Tiger's Eye is a calming crystal. The blue tones are very soothing and useful in reducing stress and anxiety.

It is associated with the throat chakra and wonderful for aiding in communication. It is an excellent crystal to have when speaking before a group of people or any public speaking event.

This crystal can help deal with conflicts, mental and emotional issues both internal and external.

It is also an excellent crystal for helping to coping with stressful situations and people.

Excellent for use in prosperity workings.

Can help to strengthen psychic abilities.

Chakras: Throat, Third Eye