Crystal Quick Reference

Turquesite

Dyed blue howlite. Balances and evens out mood fluctuations. Helps those who are over critical. Helps with selfishness, rudeness, stress and pain. Increases subtlety and tact. Helps bones teeth, calcium, leg cramps. Astrological: Gemini. Chakra: Throat

8/17/2025 6:38:47 PM Page 1 of 1