

Crystal Quick Reference

Turquoise - African

African Turquoise

This crystal is actually a form of Speckled Jasper, exclusively mined in Africa.

Color varies from brown to neon green.

This is a crystal of evolution and change.

African Turquoise will impact every part of your life from mundane to spiritual.

It helps to encourage positive growth and transformation.

This crystal helps you to become all that you can be.

It helps to release and transform negative emotions and emotions that are holding you back.

Spiritually, this crystal helps to life up your spirit. It helps to guide you along your spiritual path and help you to find your purpose.

It helps you to rid yourself of fear of the unknown.

This crystal helps to activate and stimulate the 3rd eye as well as enhancing all psychic abilities.

Chakras: 3rd eye