

Crystal Quick Reference

Verdite

Verdite is a variety of Fuchsite that has chromium in it thus giving it a green color.

It was first discovered in South Africa in the North Kaap River area especially where gold was found. It can also be found in Zimbabwe.

It is also called Buddstone and sometimes called African Jade.

Verdite harmonizes your past and present so that they will not adversely impact the future.

This crystal is excellent for past life exploration as well as retrieving information from those lives as well as older beings and the Akashic records.

It helps with issues of control of your own life. It can help in imbalances in the mental and emotional bodies, and it is useful for directing healing energies to these issues related to those bodies.

Verdite helps to open the root, sacral, solar plexus, and heart chakras. As these chakras open it can help with a variety of personality problems, abrasiveness, etc.

This is a very useful crystal in times of stress and can help calm your nerves as well as over stimulated senses.

This crystal also promotes peace and harmony within yourself and your environment. As harmony increases you will experience greater calmness and serenity.

Verdite is a blood cleanser and can help remove toxins and poisons from the blood. It can also help with menstrual pain. It also helps with reproductive issues. Other ailments that may be helped with verdite include dizziness, vertigo, diabetes, hypoglycemia, Alzheimer's, senility, dementia, respiratory

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and circulatory issues, problems absorbing magnesium and calcium.

To increase effectiveness combine with Hematite, Amber, Tigers Eye, Dolomite, Moonstone, Howlite, Lodestone, Hemimorphite, Green Calcite, Lapis Lazuli, Kyanite, Fairy Quartz, Infinite Stone, or Carnelian.

It works great with Bloodstone, Chrysoprase, Citrine, Fuchsite, Lepidolite, Malachite, Tanzanite, Petrified Wood, Leopard Skin Jasper, Garnet, Brecciated Jasper, or Aventurine to help you achieve your career goals and boost your business efforts.

Chakras: Root, Sacral, Solar Plexus, Heart