## **Crystal Quick Reference**

## Vesuvianite

Vezuvianite, Vesuvianite

Also known as Idocrase, Vasonite, Vesonite, or Vessonite.

Comes in a variety of colors including green, yellow, yellowish-green, red, brown, purple, pale blue, white.

Helps you to find your heart's desire. It assists in letting go of any blocks or restrictions holding you back from your heart's desire. These blocks may manifest as fears and this crystal can help release them. As you become more in tune with your higher self it can help you along your spiritual path.

Helps to recognize ego and overcome the ego.

Helps to energize, align and work with all the chakras but will have a stronger affinity with the chakra(s) associated with the color(s) in the crystal.

Astrological: Capricorn, Sagittarius

Chakras: All

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